CONCEPTS:
Before the democratic revolutions, most people dressed according to codes that were specified by their religion. Clothing styles were regulated by class, gender or status in the social hierarchy.

Sumptuary Laws: Before the French Revolution people in France followed these laws. These laws restricted social behaviour of the lower strata of the society and imposed restrictions upon their clothing, food and entertainment. The French Revolution brought an end to these restrictions. Political symbols became part of dress. Clothing became simple which signified equality. Now the way a person dressed depended on the differences in earning rather than sumptuary laws.

Styles of Clothing: Men and women dressed differently. Men were supposed to be strong, independent, aggressive while women were supposed to be weak, dependent and docile. Their clothes were designed accordingly. The women wore dresses which accentuated a slim waist. They had to wear a corset to show a small waist. Though it hurt, this pain and suffering was accepted as normal for a woman.

Change in Ideas: 19th century brought about many changes. Women pressed for dress reform. The suffrage movement also developed during this time. There was agitation against women’s clothes in Europe as well in America. Doctors explained the ill effects of tight clothes which affected the spine and long flowing gowns which were unhygienic. It was argued by these movements that if women wore loose and comfortable clothes, they could start working and become independent.

New Materials: Before the 17th century clothes for British women were made of flax, wool, linen which were expensive and difficult to maintain. During the 17th century, with the onset of the Industrial Revolution cloth and clothes saw a change. The attractive, cheap ‘chintzes’ from India increased the volume of European women’s wardrobes. Artificial fibres used in cloth made dresses even easier to maintain. Now with great demand for comfortable dresses, styles changed considerably.

The World Wars: The two world wars also brought about great changes in women’s clothing. Styles reflected seriousness and professionalism. Skirts became shorter and plainer. Women who worked in factories wore uniforms. Trousers became an accepted and vital part of women’s dress.

Sports and Games: The school curriculum also emphasized and included games and gymnastics as part of curriculum. This also changed the way women dressed.

Colonial India: During this time India saw a great change in dress.
- Many men began to incorporate western style clothing in their dress.
- Many felt that western influence would lead to loss of traditional cultural identity.
- Many wore western clothes without giving up Indian ones.

Caste and Dress: Though India had no formal sumptuary laws it had its own strict food, dress and behaviour codes. It was the caste system that defined how or what the Hindus should wear, eat and behave. If anyone deviated from the norms, they were severely punished. Even the government issued orders in some cases ordering low caste Hindus to observe a strict code of conduct.

British Reactions to Indian Way of Dressing: As certain items of clothing signify specific things which could be contrary, this often leads to misunderstanding and conflict. An example was a turban.
and a hat. The two headgears signified different things. This difference created misunderstandings as the hat had to be removed before superiors while the turban had to be worn consciously. The same was the case with shoes.

**The Indian Dress:** Indians wanted to create a dress which could express the unity of the nation. But this did not fully succeed.

**The Swadeshi and Khadi:** British political control of India had two important effects—peasants grew cash crops and the British goods flooded the Indian markets, especially cotton. A lot of weavers and spinners were left without any work. Murshidabad, Machilipatnam and Surat which were important textile centres declined as demand decreased.

**Partition of Bengal, Swadeshi and Khadi:** In 1905, Lord Curzon decided to partition Bengal on the pretext of better management. The Swadeshi movement was a reaction to the partition. People boycotted British goods and started patronising things made in India. Many Indian goods were patronised especially khadi. Cloth became a symbolic weapon against British rule.

**Khadi:** Gandhi made khadi a forceful weapon against the British. Mahatma Gandhi even experimented with various forms of clothing starting from the western form of dress to wearing it with a turban. He decided, by the beginning of the 20th century, to wear a lungi and kurta (in Durban). A few years later he adorned himself as a Kathiawadi peasant. The dhoti was adopted by him in 1921. But not all could wear khadi. Thus we can say that changes in clothing reflect the changes within the social, political and economic spheres of a society.

**MULTIPLE CHOICE QUESTIONS [1 MARK]**

Q.1. The existing dress codes in Europe were swept away by
(a) American Revolution  
(b) French Revolution  
(c) Russian Revolution  
(d) The First World War

Q.2. Which one of the following is the most appropriate definition of Sumptuary Laws?
(a) Laws on taxes framed by the government  
(b) Laws giving privileges to higher sections of society  
(c) Laws meant to emphasise the social hierarchy  
(d) All the above

Q.3. The simplicity of clothing of ‘Sans-Culottes’ was meant to express
(a) the poverty among the common people  
(b) the prosperity of textile industries  
(c) the idea of equality  
(d) none of the above

Q.4. England passed a law which compelled all persons over 6 years of age, except those of high position, to wear woollen caps made in England on Sundays and all holy days. What does this mean?
(a) All sumptuary laws were meant to emphasise social hierarchy  
(b) Some sumptuary laws were passed to protect home production against imports  
(c) Some sumptuary laws were made to promote the religion  
(d) None of the above

Q.5. When did women in England start agitating for democratic rights?
(a) 1820s  
(b) 1830s  
(c) 1840s  
(d) 1850s

Q.6. On what grounds were the traditional feminine clothes criticised in the USA?
(a) Long skirts swept the grounds collecting filth and causing illness
(b) The skirts were voluminous and difficult to handle
(c) They hampered movement and prevented women from working and earning
(d) All the above

Q.7. Who was the first American dress reformer to launch loose tunics?
(a) Mrs Amelia Bloomer   (b) Martha Somerville   (c) Queen Victoria   (d) None of the above

Q.8. Radical changes in women’s clothing came about due to the
(a) Russian Revolution   (b) World War I   (c) World War II   (d) Both (b) and (c)

Q.9. Which of the following events had an impact on the dressing style of women?
(a) Women working in industries during the First and Second World Wars.
(b) Gymnastics and games entered school curriculum for women.
(c) The Battle of Waterloo   (d) Both (a) and (b)

Q.10. Which of the following were among other important changes that came about for Women?
(a) Trousers became a vital part of western women’s clothing
(b) Women took to cutting their hair short for convenience
(c) As women took to gymnastics and games, they had to wear clothes that did not hamper movement
(d) All the above

Q.11. To some Indians western clothes were a sign of
(a) Progress   (b) modernity   (c) Freedom from poverty   (d) both (a) and (b)

Q.12. Why were Shanar women attacked by Nairs in May 1922?
(a) For wearing a tailored blouse   (b) For wearing a cloth across their upper bodies
(c) For wearing gold ornaments   (d) For using umbrellas

Q.13. Wearing of which two things created misunderstanding and conflict between the British and the Indians?
(a) the wearing of turban and shoes   (b) the umbrella and gold ornaments
(c) the wearing of saris and dhotis   (d) The wearing of gowns and long skirts

Q.14. Who was Manockfee Cowasjee Entee?
(a) A taxpayer   (b) A revenue collector   (c) An assessor   (d) A technocrat

Q.15. What was the idea of national dress as suggested by Rabindranath Tagore?
(a) Combination of Hindu and Muslim dress   (b) Combination of Indian and European dress
(c) Only Hindu dress   (d) Combination Hindu and Parsi dress

Q.16. Jnanadanandini Devi’s style of wearing sari was adopted by Brahmo Samaji women and came to be called
(a) Brahmika sari   (b) Brahmo sari   (c) Samaji sari   (d) Bhoomika sari

Q.17. In reaction to which measure of the British did the Swadeshi Movement begin?
(a) Partition of Bengal in 1905   (b) Surat split in 1907
(c) Starting of World War I in 1914   (d) Montague-Chelmsford Reforms of 1919

Q.18. According to Gandhi, which kind of dress would have a more powerful political effect?
(a) Western style  (b) Indian style  (c) Dressing unsuitably  (d) Dressing suitably for the occasion

Q.19. In which year did Gandhi adopt dhoti?
(a) 1913  (b) 1915  (c) 1921  (d) 1928

Q.20. Why did Mahatma Gandhi adopt loin cloth and a chaddar as his dress?
(a) it was easy to wear  (b) it was not easy to practise
(c) he believed that poor peasants could not afford more than that of self-respect  (d) it was a political statement

SHORT ANSWER TYPE QUESTIONS [3 MARKS]

Q.1. Why is most of the knowledge about clothes inferential?
Ans.1 Most of the knowledge about clothes is inferential because clothes do not reveal anything directly.2 Clothes indirectly reveal the attitude, personality and socio-economic status of the wearer.3 Moreover, we can only draw inference about attitudes, styles, personality and socio-economic conditions of the people who wore various kinds of clothes in the past.

Q.2. In what way do clothes give a message?
Ans.1. Clothes do give a message, as the clothes of Sans Culottes did. They were men without knee breeches different from the aristocrats who wore knee length breeches.
2. Their clothing, loose and comfortable along with colour of France — blue, white and red — was a sign of patriotic citizens.
3. Gandhi made homespun khadi a symbol of national sentiment and his dress code of short dhoti was his way of identifying with the poorest Indian. Khadi became a symbol of purity, simplicity and poverty.

Q.3. What did a patriotic French citizen wear in France after the French Revolution?
Ans1. French patriotic citizens in France started wearing clothing that was loose and comfortable. The colours of France blue, white and red became popular as they were a sign of the patriotic citizen.
1. Other political symbols too became a part of dress: the red cap of liberty, long trousers and the revolutionary cockade pinned on to a hat.
2. The simplicity of clothing was meant to express the idea of equality.

Q.4. Explain how European dress codes were different from Indian dress codes.
Ans.1. In different cultures, specific items of clothing often convey contrary meanings.
2. This creates misunderstanding and conflicts. Consider the case of the: turban and the hat. These two headgears not only look different but also signify different things.
3. The turban in India is not just for protection from heat but is a sign of respectability and cannot be removed at will. In the western tradition, this has to be removed before social superiors as a sign of respect.

Q.5. Discuss the witty answer of Mahatma Gandhi about his dress. What did it signify?
Ans.
1. Gandhi wore a short *dhoti* without a shirt when he went to England for the Round Table Conference in 1931.

2. He refused to compromise and wore it even before King George V at Buckingham Palace.

3. When he was asked by journalists whether he was wearing enough clothes to go before the King, he joked that “the King has enough on for both of us.” This was the reason for Gandhi’s witty remark about his dress.

**Q.6. How did styles of clothing during Victorian Age in England emphasise differences between men and women?**

**Ans**

1. Women during this time were groomed from childhood to be docile, dutiful, submissive and obedient. Men were supposed to be strong, serious, aggressive and independent.

2. These ideals were visible in the way they dressed. Girls were dressed in stays and were tightly laced up.

3. They also wore tight fitting corsets.

4. These clothes restricted their growth and kept their mould small and frail. Slim and small waisted women were admired. This was not so in the case of boys and men.

**Q.7. How did the French Revolution end all distinctions imposed by the Sumptuary laws?**

**Ans**

1. After the French Revolution, it was income and not class which decided a person’s clothing. Men and women began to wear loose and comfortable clothing.

2. The colours of France became popular as they were considered a sign of the patriotic citizen.

3. The red cap of liberty, long trousers and the revolutionary cockade pinned on a hat became fashion these were political symbols. Simplicity of clothing was meant to express the idea of equality.

**Q.8. With the help of an example show how cultural difference in dress can create misunderstanding.**

**Ans**

1. Let us take the example of headgears — a turban and a hat. Both although headgears signify different things. Turbans are not only for protection from the sun but also worn as a mark of respectability.

2. It cannot be removed at will. The hat is for protection and is removed in front of seniors and superiors. This difference created misunderstanding between the turban wearers, i.e. the Indians and the hat wearers, i.e. the British.

3. When the Indians walked into English company they did not remove their turbans as they wanted to assert their national and regional identity. This at times offended the British.

**Q.9. What changes came in women clothing as a result of the two world wars?**

**Ans**

1. Many European women stopped wearing jewellery and luxurious clothes. As upper-class women mixed with other classes, social barriers were encoded and dresses of women became similar.

2. Clothes got shorter during the First World War out of practical necessity. About 7 lakh women...
who were employed in ammunition factories wore a working uniform of blouse and trousers with scarves, which was gradually replaced by khaki overalls and caps. Bright colours faded from sight. Clothes became plainer and simpler. Skirts became shorter and trousers became a vital part of women's dress. Women also took to cutting their hair short.

3. A plain and austere style came to reflect seriousness and professionalism. When Gymnastics and games entered school curriculum, women had to wear clothes which did not hamper movement.

Q.10. Describe Mahatma Gandhi’s experiment with clothing during his lifetime.

Ans
1. As a boy he usually wore a shirt with a dhoti or pyjama, and sometimes a coat. When he went to London to study law as a boy of 19 in 1888, he cut off the tuft on his head and dressed in a western suit.
2. On his return, he continued to wear western suits with a turban. As a lawyer in South Africa in the 1890s, he still wore western clothes.
3. In Durban in 1913, Gandhi first appeared in a lungi and kurta with a shaved head as a sign of mourning to protest against the shooting of Indian coal miners. 
4. On his return to India in 1915, he decided to dress like a kathiawadi peasant. In 1921, during the non-cooperation movement, he adopted the short dhoti or loin cloth with a chaddar. This dress he continued to wear until his death.

LONG ANSWER TYPE QUESTIONS [5 MARKS]

Q.1. What were sumptuary laws? How did these laws affect society in France?

Ans.
1. Sumptuary laws were those laws which imposed upon members of different layers of society through specified details the codes of behaviour.
2. These laws tried to control behaviour of those considered social inferiors, preventing them from wearing certain clothes, consuming certain foods and beverages (usually alcohol) and hunting game in certain areas.
3. In France, during the medieval period the item of clothing a person could purchase per year was regulated not only by income but also by social rank.
4. The material to be purchased for clothing was also legally prescribed.
5. Only royalty could wear expensive materials like ermine, fur, silk, velvet and brocade. Other classes were debarred from clothing themselves with materials that were associated with the aristocracy.

Q.2. What was the Suffrage Movement? How did it bring about a reform in dress?

Ans.
1. Women's Suffrage Movement was a woman's movement agitating for the right to vote in political elections and democratic rights.
2. As suffrage movement developed, people began campaigning for dress reform.
3. Women's magazines described how light dress and corsets caused deformities and illness among young girls. Such clothing restricted body growth and hampered blood circulation.
4. Muscles remained underdeveloped and the spines got bent. Doctors reported that many women were regularly complaining of acute weakness, felt languid and fainted regularly.
5. By the end of the nineteenth century, change was clearly in the air – the argument was simplify dress, shorten skirts, abandon corsets.

Q.3. With an example, discuss how clothing can convey different meanings in different cultures and how these interpretations can lead to misunderstanding.

Ans.
1. In different cultures, specific items of clothing often convey central meaning. This frequently leads
to misunderstandings and conflicts.

2. The case of the Turban and Hat is one. Turban and hat are two headgears that not only look different.

3. They also signify different things. The turban in India was not just for protection from the heat but was also a sign of respectability and could not be removed at will.

4. In the western tradition, the hat had to be removed before social superiors as a sign of respect.

5. This cultural difference created misunderstanding. The British were often offended if Indians did not take off their turban when they met colonial officials.

Q.4. How did Mahatma Gandhi’s dream of clothing the nation in Khadi appeal only to some sections of the Indian?

Ans.

1. Mahatma Gandhi’s dream was to clothe the whole nation in khadi. He felt khadi would be a means of erasing differences between religions and classes, etc. But it wasn’t easy for others to follow in his footsteps. Just as the people could not take to the single peasant loin cloth as Gandhi had done. The people, in fact, did not want to do so.

2. Nationalists such as Motilal Nehru, a successful barrister from Allahabad, gave up his expensive western style suits and adopted the Indian dhoti and kurta. But these were not made of coarse cloth – khadi. Those who had been deprived by caste norms for centuries were attracted to western dress styles.

3. Therefore unlike Mahatma Gandhi, other nationalists such as Baba Saheb Ambedkar never gave up the western style suit.

4. Many Dalits began in the early 1910s to wear three-piece suits, shoes and socks on all public occasions, as a political statement of self-respect. A woman wrote to Gandhiji, “I heard you speaking on the extreme necessity of wearing khadi, but khadi is very costly and we are poor people.”

5. Other women, like Sarojini Naidu and Kamla Nehru, wore coloured saris with designs, instead of coarse, white homespun khadi.

Q.5. In India caste system played the role similar to Sumptuary Laws of Europe? Justify it.

Ans.

1. India has no formal sumptuary laws but it has a very strict social code of food and dress. It is the caste system which defines what each caste should wear, eat, give, take, etc.

2. These codes are very rigid and are almost as forceful as laws. If there were any changes in these specified codes then reactions were often violent and disturbing.

3. The case of the Shanar caste is an example. The Shanars are a community from Travancore. They migrated to this area to work under the landlords who were the Nairs. The Shanars tapped toddy. They belonged to a ‘subordinate caste’ and as per the traditions had to follow certain specified norms.

4. They were not allowed to wear slippers, use umbrellas and cover the upper portion of their body with clothing.

5. When the Christian missionaries came, they converted the Shanars to Christians. Under their HOTS QUESTION

Q.1. How were clothes of the 18th century all over the world different from clothes of the 19th century?

Ans.

1. In France, in the 18th century sumptuary laws controlled the clothing style. After the French Revolution, it was the income, the difference between the rich and poor which decided what people were to wear.

2. In England and America and other European countries, women from childhood, as young girls were tightly laced and dressed in stays. As women they had to wear tight fitting corsets and flowing gowns sweeping the ground.

3. The nineteenth century simplified dresses, shortened them and banned the corsets. Clothes got lighter, shorter and simpler. The two world wars brought in trousers and blouses for women giving
them greater freedom of movement

4. Skirts became shorter, frills disappeared. Women now went for short hair as it was convenient and easy to maintain.

5. In India, the western style clothing came in the 19th century. The wealthy Parsis were the first to adopt it. It was also attractive to Dalit. The dress code in India was much under the influence of strict codes of caste system. The Swadeshi movement and national feelings also set the dress code of Indians.

Q.2. Discuss how society and clothes are linked.
Ans.
1. The history of clothing is linked to the larger history of society. Clothing is defined by dominant cultural attitude and ideal of beauty.
2. These notions change with time. Change in clothing has come due to changes within technology and economy and pressures of changing times. Changes in women’s clothing came as a result of the two world wars.
3. Women stopped wearing jewellery and luxurious clothes. Now women of all sections of society began to look similar. Because of practical necessity clothes became shorter and without frills.
4. Women began to be employed in ammunition factories. This forced them to wear a uniform of blouse and trousers with scarves. Thus, uniform of blouse and trousers was replaced by Khaki overalls and caps. Sober colours were preferred as the war was on.
5. Clothes became simpler and more practical. Trousers became a common garment worn by women. Garments became austere and professional.

Q.3. How was the Swadeshi Movement linked to the politics of clothing? Explain.
Ans.
1. The Swadeshi movement was centrally linked to the politics of clothing. In 1905, Lord Curzon decided to partition Bengal to control the growing opposition to British rule.
2. The Swadeshi movement developed in reaction to this measure.
3. People were urged to boycott the British goods of all kinds and start their own industries for the manufacture of goods such as match boxes and cigarettes.
4. Mass protests followed with people viewing to cleanse themselves of colonial rule.
5. The use of khadi was made a patriotic duty. Women were urged to throw away their silk and glass bangles and wear simple shell bangles. Rough homespun was glorified in songs and poems to popularise it.

VALUE BASED QUESTION
Q.1. Mahatma Gandhi’s dream of clothing all Indians in khadi didn’t fructify. Why?
Q.2. What does Sans Culottes mean? What did it signify?
Q.3. “Ideals of womanhood prevalent during the Victorian Age affected women’s dress.” What were these ideals and how did these ideals affect the dresses of women during the Victorian Age?

MCQ ANSWERS: 1. (B) 2. (C) 3. (C) 4. (B) 5. (B) 6. (D) 7. (A) 8. (D) 9. (D) 10. (D) 11. (D) 12. (B) 13. (A) 14. (C) 15. (A) 16. (A) 17. (A) 18. (C) 19. (C) 20. (C)