



SUMMATIVE ASSESSMENT – I (2016-2017)
ENGLISH COMMUNICATIVE
Class - X

Time: 3hours Maximum Marks: 70

Instructions :

The question paper is divided into three sections.

Section A	:	Reading	20 marks
Section B	:	Writing and Grammar	25 marks
Section C	:	Literature	25 marks

SECTION A : READING (Reading : 20 Marks)

1

Read the passage given below and complete the sentences that follow: (1x8)

8

Just by the use of colours you can balance your diet. All you need to do is to pay a little attention to the food you eat. Nutrition experts strongly recommend adding colours to your diet. Sweets and candy bars are generally colourful, but remember they do not contain natural colours and hence are not healthy. The key solution is a variety of naturally coloured foods. The deeper the colour, the greater the benefits. Getting more colours in your diet doesn't mean you have to drastically change your current eating habits.

Have a glass of juice in the morning. Keep a mix of dried fruits on hand for a quick snack. Grab an apple or banana on your way out. Include at least two vegetables in your dinner. Get into the habit of starting your dinner with a salad. Eat fruit for dessert. Always add greens to sandwiches.

Most red fruits and vegetables contain an antioxidant, which offers protection against ultraviolet rays and cancer, and helps prevent urinary tract infections and diseases related to the circulatory system. Green vegetables not only look great but also possess excellent antioxidant properties that protect your eyes by keeping the retina in good condition and reduce the risk of cancerous tumours. Orange and yellow group contain beta-carotene, an antioxidant that improves cell communication and thereby helps to stop the spread of cancer. Blue and purple group not only adds an element of tranquility and richness to your plate, but also have an influence on the pineal gland (the third eye) and the nervous system. White group contains sulphur compounds that protect DNA and also contain flavonoids, the antioxidants that protect cell membranes.

Therefore, the more colorful your diet is (all natural colors, of course), the better equipped your immune system is to cope with diseases.

- (a) _____ can balance one's diet.
- (b) Sweets and candy bars _____ so they are unhealthy.
- (c) One should substitute _____ for a pudding at the end of a meal.
- (d) Antioxidants help to _____.
- (e) The word 'drastically' in paragraph 1 means _____.
- (f) Green vegetables reduce the risk of _____.
- (g) Blue and purple vegetables add _____ plate.
- (h) Colourful diet helps our _____ to cope with _____.

2

Read the passage carefully.

Malnourishment in the United States

Malnourishment in the United States is caused mainly by the consumption of unhealthy,

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cheap foods that are low in nutrition and stuffed with calories and fat. This eventually leads to obesity. As surprising as it may seem, one of the factors affecting obesity is poverty. As a matter of fact, there can be no doubt that poverty and obesity are interconnected. Provided more attention is focused on this link, the health of the Americans can be improved.

According to the statistics, about two-thirds of all American adults and more than one-tenth of American children are either overweight or obese. One-tenth of families suffer from food insecurity, obesity, and hunger, which take place when access to nutritionally satisfactory and safe food is either restricted or unstable. At first glance it seems illogical that scarcity of food should result in overweight people. Nevertheless, children from families with low income are about 2.6 times as likely as children from rich families to get obese. It means that poor citizens are in some kind of unfavourable condition when it comes to obesity. The reality is that not all American households have the financial capabilities to provide satisfactory housing, transportation, commodities, medical assistance, education, food, and clothing that all families need. Many families often have to buy less healthy cheaper foods instead of healthy but more expensive ones. Unfortunately, usually the most inexpensive options available to these people are foods with low nutritional value as to calorie content. That is why lower income families are at the highest disadvantage of malnutrition. It has been revealed by a recent study that such health problems linked to obesity, like hypertension and diabetes, are more widespread among people with low income. Each year about \$70 billion is spent on health-care due to obesity. Obesity, the condition of an abnormal accumulation of body fat, has a negative effect on different body systems (psychological, pulmonary, gastrointestinal, renal, musculoskeletal, neurological, cardiovascular, and endocrine). Solving the obesity problem can save health care money which could be used for improvement of the living conditions of low income citizens by paying for their housing or college education, for instance.

2.1 On the basis of your reading of the above passage answer the questions given below : (2x4)

- (a) What are the causes of malnutrition in the United States?
- (b) What ill effect can malnutrition bring in the lives of human beings?
- (c) How can the health care money be used for the benefit of people?
- (d) Why do you think lower income families are at the highest disadvantage of malnutrition?

2.2 Answer the following questions by selecting the correct options : (1x4)

- (a) Find the word from the passage which means the same as unreasoning.
 - (i) interconnected
 - (ii) illogical
 - (iii) unstable
 - (iv) unfavourable
- (b) Write the antonym of dissipation.
 - (i) accumulation
 - (ii) paving
 - (iii) inexpensive
 - (iv) restriction
- (c) Find the word from the passage which means the same as concentrated.
 - (i) focused
 - (ii) assisted
 - (iii) restricted



- (iv) improved
- (d) Find the word from the passage which means the same as help.
- (i) content
- (ii) assistance
- (iii) scarcity
- (iv) satisfaction

SECTION B : WRITING AND GRAMMAR (25 Marks)

3 You are Arun/ Aarti, 112 Bank Street Agra. In 100-120 words, write a letter to the Editor, of a national daily, expressing your views on the topic : *Celebration of Children's Day in School*. Use the hints given below : 5

- Schools should organize something for the under privileged rather than entertaining the privileged ones.
- Students should be made aware of their duties towards the society
- Attempt to nurture responsible citizens

4 Raju wanted to participate in a story writing competition. He started a story but could not complete it. Complete the story for him in about 150-200 words. 10

Mr Raghav got transferred to a new city. Happily he shifted to his new home but soon the family started feeling that all was not well with their new home as.....

5 Read the paragraph given below. Fill in the blanks by choosing the most appropriate words / phrases from the given options. 3

Orwell believes that there are four explicit motives (a) _____ writing. For Orwell, writers put pen (b) _____ paper, or these days, fingers to keyboard - out (c) _____ "sheer egoism, aesthetic enthusiasm, historical impulse and political purpose."

	i	ii	iii	iv
(a)	with	about	of	for
(b)	on	over	to	with
(c)	of	in	with	for

6 The following paragraph has not been edited. There is one error in each line. Write the error and the correction in your answer sheet against the correct blank number. The first one has been done as an example. 4

It was the amazing sight to see and one I will never forget. e.g. the an
 A sight which no one present in the occasion could help (a) _____
 admiring in spite of the trouble it has caused us all. (b) _____
 The Gulmohar that I had mentioned earlier feel thirsty like (c) _____
 the rest of us. I wish my friend Ranu was also with me. (d) _____

7 Read the conversation given below and complete the paragraph that follows: 3

Teacher : I am sorry to tell you that your son is going off track. I'm _____ afraid he has fallen into bad company.

Parent : Has it come to this ? He has been such a steady level-headed boy. _____
 What do you suggest I should do, please ?

Teacher : You should talk to the school counsellor. All will be well.

The teacher told the parents that his son was going off track. He expressed his fear that (a) _____. The parent was shocked and observed that he (b) _____. He requested the teacher to suggest to him (c) _____. The teacher advised the parent to talk to the school counsellor.

SECTION C : LITERATURE (25 Marks)



Read one of the extracts given below and answer the questions that follow:-

- 8 He smiled uncomfortably, "Just plans, sir," he answered in a low voice. 3
- (a) In the above line, who is talking and to whom ?
(b) What plans is the speaker referring to ?
(c) Give the antonym of 'smiled'.

OR

The eye of a little god, four-cornered 3
Most of the time I meditate on the opposite wall.
It is pink, with speckles. I have looked at it so long
I think it is a part of my heart. But it flickers.
Faces and darkness separate us over and over.

- (a) How does the mirror spend most of its time ?
(b) When do the mirror and the wall get separated ?
(c) What does the expression, "four-cornered" mean ?

Answer the following questions in about 30-40 words each.

- 9a What is more powerful than 'marble' and 'gilded monuments' ? 2
9b How did Miss Mebbin blackmail Mrs. Packetide ? 2
9c 'Ali is a true example of love, faith and sacrifice'. Elaborate. 2
9d How do the sisters quarrel after grandfather asks the reason for shifting of the bureau ? 2

Answer one of the following questions in about 80-100 words:

- 10 Life in metropolitan cities has left no time with members of the family to spend with each other. As a concerned citizen, write a letter to the editor of a national daily voicing your concern over the increasing number of old age homes in metropolitan cities (*The Dear Departed*) highlighting the values required in the younger generation to care for the elderly. 4

OR

The poem, *The Frog and the Nightingale* tells us how simple and genuine talent is exploited by people for their personal gains. Write a letter to the poet Vikram Seth mentioning how deeply you were touched by the poem and how beautifully it exposes the bitter truth of life. 4

Answer one of the following questions in about 150-200 words:

- 11 A long stay in the Secret Annexe had begun to make the persons in hiding desperate and restive. Comment. 10

OR

What impression do you form of Margot Frank, Anne's elder sister after reading 'Diary of a Young Girl' ? 10

OR

Describe Helen's first Christmas after Miss Sullivan came to Tuscumbia. 10

OR

Helen was an earnest learner. Illustrate the statement with examples. 10

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